



*Solutions for Addiction Treatment*

# Every Step Matters in Recovery

Nearly 1.5 million Americans enroll in substance abuse treatment programs each year.<sup>1</sup> Technology can help equip them with the care and resources they need to stay on the road to recovery.

<sup>1</sup> [www.samhsa.gov/data/sites/default/files/reports/rpt42794/2021-teds-annual-report.pdf](http://www.samhsa.gov/data/sites/default/files/reports/rpt42794/2021-teds-annual-report.pdf)



**STEP  
1**

## Outreach and Access

Outreach challenges include substance use being mistaken for a sign of weakness and individuals being unaware of the long-term benefits of treatment. Individuals outside of major metropolitan areas also struggle with access to resources and infrastructure due to geography.

## Solutions



### **Mobile Care**

Meets people where they are and provides mental or physical health services.



### **Telehealth**

Allows those who need support to initiate care on their own terms.



### **Self-Assessment**

Educates and illustrates the effects substances have on the body.



### **Consumer Portals**

Enables secure health record access and care team collaboration.



**STEP  
2**

## Engagement and Intake

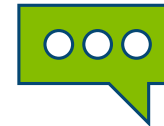
Detoxification is often the first step in recovery, marked by days of isolating, physically grueling and emotionally destabilizing symptoms as the body clears lingering intoxicants. This intense discomfort can drive some to leave treatment early in search of substances that temporarily ease the pain.

## Solutions



### AI-Powered Intake

Rapidly and effectively facilitates consumers through sessions that previously took hours.



### Consumer-Facing Apps

Helps maximize consumer engagement in their individual recovery program.



### Automated Reminders

Helps keep individuals on track regarding appointments, medications and administrative tasks during the initial phase of treatment.



### Eligibility Checks

Provides peace of mind by confirming insurance coverage in near real time.



**STEP  
3**

## Assessment and Diagnosis

Each person undergoing addiction treatment is on an individual recovery journey, requiring one-on-one provider attention and bespoke care plans. Comorbidities closely linked to both behavioral and physical health conditions create a complex cycle that requires integrated, whole-person care.

## Solutions



### **ASAM Assessments**

Determine where in the care continuum recovering individuals are.



### **Lab and Diagnostic Integration**

Allows for effective, individualized monitoring and care administration.



### **Integrated EHRs**

Provide care teams with a complete view of physical, behavioral and mental health histories.

# STEP 4

## Care Planning and Coordination

A lack of coordination and communication between physical, mental and behavioral health providers can lead to treatment delays. This can cause undue stress or lead some individuals to quit a program before it's complete.

### Solutions



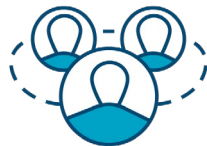
#### One Platform

Eliminates silos, reduces confusion and closes care gaps.



#### Shared Treatment Plans

Allows team members to adapt their roles for what an individual needs.



#### Role-Based Care Coordination

Helps providers offer safer and more effective care by maximizing collaboration.



#### Alerts and Task Automation

Powered by AI, removes tedious administrative tasks, permitting more time with individuals.



**STEP  
5**

## Treatment Delivery

Barriers to treatment can include lack of access to care or transportation, rigid program structures that cause frustration and limited use of evidence-based approaches. When treatment centers don't offer proven methods like cognitive behavioral therapy (CBT), mindfulness or family therapy, they risk missing opportunities to improve outcomes.

## Solutions



### Telehealth

Supports medication assisted treatment (MAT), individual therapy and ongoing case management.



### Medication Dispensing

Promotes safety and well-being through accurate, timely medication delivery.



### Mobile Documentation Tools

Provides online and offline capabilities, progress notes and simplifies assessments.



### Modernized Protocols

Involves elements of mental, physical, social and spiritual health during recovery.

# STEP 6

## Relapse Prevention and Sustained Recovery

Sustained recovery requires consistent support and proactive tools. While relapse is a reality for many (40–60%), technology can keep individuals connected and cared for long after treatment.<sup>1</sup> Lack of one-to-one engagement and providing a sense of being cared for can significantly impact dropout and relapse rates.

### Solutions



#### Engagement Portal

Provides access to clinically proven methods and materials to aid recovery.



#### Relapse Prevention Alerts

Notifies individuals of risks associated with substances and provide data-driven coping tips.



#### Ongoing Virtual Check-Ins

Reduces barriers to counseling, group therapy sessions or psychiatric exams.



#### Digital Coaching Tools

Fills care gaps by offering guidance when care team members are unavailable.

Discover how Netsmart helps providers transform addiction treatment with connected technology across the continuum.

<sup>1</sup> [www.addictiongroup.org/resources/relapse-rates-statistics](http://www.addictiongroup.org/resources/relapse-rates-statistics)